



BUTLER CREEK  
PRACTICAL HEALTH EVANGELISM  
APPRENTICESHIP PROGRAM

# STUDENT HANDBOOK

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# BUTLER CREEK MISSION INSTITUTE

## WELCOME

This handbook provides an introduction to our program and information regarding policies, responsibilities, and requirements. For almost 20 years Butler Creek has trained medical missionaries in various parts of the world. Repeatedly we have witnessed the life-changing power that attends the simple presentation of gospel truth. Our school is open to those individuals that desire to give study to Biblical, practical Christianity. May God bless and direct you as you seek His will for your life.

## ABOUT BUTLER CREEK

Butler Creek Practical Health Evangelism Apprenticeship Program (P.H.E.A.P.) is a part of Butler Creek Health Education Center (BCHEC), a non-profit organization established for the betterment of mankind through sharing the gospel of Christ. BCHEC is a supporting ministry of the Seventh-day Adventist Church. All staff members of BCHEC are members in good and regular standing of the SDA Church, and our theological positions are in full harmony with the Church. BCHEC does not solicit or accept tithe from SDA Church members.

## MISSION STATEMENT

The Butler Creek P.H.E.A.P. has been established to encourage individuals to give the gospel call through sound Bible teaching, health ministry, and practical living. This includes simple instruction in the principles and skills necessary for self-supporting work. Gardening, healthful food preparation and preservation, and other practical skills place the focus on more than mere intellectual attainments. We believe that, *“Medical missionary work is the pioneer work of the gospel. In the ministry of the word and in the medical missionary work the gospel is to be preached and practiced.”* MH p. 144.

## WHAT IS MEDICAL MISSIONARY WORK?

*“Medical missionary work is the right hand of the gospel. It is necessary to the advancement of the cause of God. As through it men and women are led to see the importance of right habits of living, the saving power of the truth will be made known. Every city is to be entered by workers trained to do medical missionary work.”* 7T, p. 59.

*“We have come to a time when every member of the church should take hold of medical missionary work.”* 7T, p. 62.

*“Workers—gospel medical missionaries—are needed now. You cannot afford to spend years in preparation. Soon doors now open to the truth will be forever closed.”* 9T, p.171-172.

# **PRACTICAL HEALTH EVANGELISM APPRENTICESHIP PROGRAM (P.H.E.A.P.)**

## **COURSE OVERVIEW**

The Butler Creek P.H.E.A.P. focuses on Bible, health, evangelism, agriculture, healthful cooking, hands-on living skills, and the “practical” gospel of medical missionary work. Emphasis is placed on simplicity, practicality, and economy.

## **QUALIFICATIONS FOR ENROLLMENT**

Individuals desiring to serve the Lord as health evangelists are invited to apply. The applicant should:

- Be 17 years of age or older.
- Have a basic understanding of the English language.
- Have a serious interest in practical medical missionary work.

## **CERTIFICATES**

Upon completion of the session, when all class requirements and financial obligations are met, the student will be awarded a certificate for “Lifestyle Coaching” or “Healthful Cookery”. This is a certificate of accomplishment, however, it is not formally recognized by other institutions.

## **COURSE DESCRIPTION & CURRICULUM**

Our goal is to educate individuals for service at home and abroad, using God’s ordained methods. These hands-on courses teach students industry, economy, and good work ethics, as well as how to reach the forgotten, the forsaken, and the unlovable with the gospel of a risen Savior. Students will learn Christ’s methods for prevention, treatment, and cure of physical, mental, and spiritual disease.

*“There should be schools of health, cooking schools, and classes in various lines of Christian help work. There should not only be teaching, but actual work under experienced instructors. Let the teachers lead the way in working among the people, and others, uniting with them, will learn from their example.” MH 149.2*

The Butler Creek P.H.E.A.P. course is composed of **two sessions, each complete in itself:**

### **GOD’S HEALING PROGRAM/LIFESTYLE COACHING**

This 25-week session provides practical apprenticeship training in connection with our Lifestyle Center as preparation for service as Health Evangelists using God’s simple remedies.

## BIBLE CLASSES

- **LAST DAY EVENTS:** A study of the sequence and significance of events preceding the second coming of Jesus Christ.
- **UPON THIS ROCK:** A class on sound principles of Bible Study.
- **KNOWING GOD'S WILL:** Counsels that assist an individual to find and occupy the one special place God has chosen for them.
- **HOLY SPIRIT:** A brief study of the work and purpose of the Holy Spirit in the apostolic and current church. Students will gain an understanding of the essential role the Third Person of the Godhead plays in the life and work of the individual and the church at large.

## PRINCIPLES CLASSES

- **CHRISTIAN ASSOCIATION:** Understanding the divine plan of courtship and marriage; and, once married, how to keep the marriage union safe, secure, and sacred.
- **PROPHETIC GUIDANCE:** A study of the prophetic gift in the life and ministry of Ellen G. White. Emphasis is given to her role in the development of the Seventh-Day Adventist Church.
- **TRUE EDUCATION:** A look at the history and development of God's plan to educate His church for service. Efforts are put forth to define and attain the true higher education delineated in the Bible and the Spirit of Prophecy.
- **MINISTRY OF HEALING:** A study of the book Ministry of Healing by Ellen G. White.

## HEALTH CLASSES

- **LIFESTYLE DISEASE & PREVENTION/TREATMENT:** A study of the most common lifestyle diseases today, including obesity, diabetes, heart and artery disease, arthritis, cancer, hypertension, osteoporosis, asthma, chronic liver disease, etc. Discusses causes, prevention and reversal using lifestyle medicine.
- **ANATOMY & PHYSIOLOGY:** A study of the systems of the body. Provides a basic working knowledge of how these systems function, and how lifestyle affects them. This class enables the student to care for and appreciate the wonderful bodies God has created.

## MENTAL HEALTH CLASSES

- **MENTAL HEALTH:** Understanding the physiology of the brain and how it works. A scientific and Biblical perspective on how to find rest and peace of mind, deal with the past, anger, choosing forgiveness. Study is given to the subject of changing habitual patterns of behavior and establishing new ways of thinking.
- **SPITIRUALISM & NEW AGE:** An overview of God's way of healing, compared to Satan's counterfeit. This class exposes the dangers of spiritualism, new age, alternative medicine, yoga, mindfulness, etc.

## PRACTICAL CLASSES

- **EXERCISE:** Teaches the importance of exercise for spiritual, mental, and physical health. Classes are a combination of theory and practice with students learning to perform and teach various exercises with their modifications. Students will be equipped to coordinate and teach exercise classes for people of varying fitness levels.
- **HYDROTHERAPY:** Focuses on the use of simple water treatments to "relieve pain and remove disease." Includes theory, as well as hands-on practice. Gives a knowledge of indications, contraindications, equipment, and techniques for giving contrast baths, hot foot baths, fomentation treatments, etc. Students learn to improvise equipment for mission field service, and must be able to explain and demonstrate treatments.
- **MASSAGE:** A study of massage for therapeutic purposes such as promoting circulation of the blood and lymph, relaxation of the muscles, relief from pain, and other physical and mental benefits. Focuses on Swedish massage techniques, including effleurage, petrissage, friction, tapotement, and vibration. Students will learn full-body massage. Includes study of the major bones and muscles of the body.
- **MISSION HEALTH CARE:** A hands-on class. Basic training in sanitation, body mechanics, taking vital signs, wound cleaning, and bandaging skills. Students will get a short introduction of physical examination.
- **AGRICULTURE/GARDENING:** Learn gardening basics. Includes information on site selection, soil preparation, choosing seeds, when and how to plant, watering methods, natural pest control, maintaining the garden, harvesting, season extenders, etc. In-class theory and hands-on experience.
- **BASIC AUTO MAINTENANCE:** Will teach basic safety, tools, identification of

auto systems and parts, diagnosing simple problems, how to identify and change fluids, identify the 5 systems of the engine and how to maintain them, how to identify and solve brake problems, battery and electrical maintenance and how to identify parts and problems in the steering system.

- **LECTURE GIVING:** Learn to give brief, interesting, and informative health talks. Focus is placed not only on content but also delivery, with special attention given to the importance of posture, voice modulation, and clarity. Requirements include attending lectures given by mentors and creating and presenting health talks based on sound scientific evidence and inspired counsel.

### WORSHIP SERVICES

All devotion and worship services are considered to be part of the curriculum and an integral part of our training. Students are required to attend and take part, as asked, in morning devotions, Tuesday night prayer meeting, Friday night vespers, and Sabbath church services. These meetings round out and enhance the spiritual component of this Bible-based missionary training; students receive needed experience and encouragement. As we come together as a group, we learn spiritual tact, cooperation, tolerance, and faithfulness. As we share spiritually, we grow spiritually. Sabbath services in the local churches strengthen our understanding and support of the organized church. We consider this a vital component of our program.

### CULINARY MINISTRY

This 22-week session is designed to teach the sacred duty of preparing healthful food as a means of preventing and reversing lifestyle diseases.

Students acquire knowledge and skills necessary for whole food plant-based cooking. They will be trained how to make it appetizing, simple and nourishing, including proper kitchen hygiene and management.

### BIBLE CLASSES

- **SANCTUARY STUDIES:** A study of Christ's ministry in the heavenly Sanctuary, and its implications for the daily Christian experience. A thorough investigation of the Sanctuary and events surrounding the close of probation.
- **DANIEL & REVELATION:** A survey of the books Daniel and Revelation. A thorough investigation of the import of these prophecies for the time of the end. *"The perils of the last day are upon us, and we should watch and pray,*

*and study and heed the lessons that are given us in the books of Daniel and the Revelation.” 6T 128.1*

### PRINCIPLES CLASSES

- **CHRISTIAN ADMINISTRATION & LEADERSHIP:** A class on Biblical problem solving, Christian leadership, and principles of administration in health centers and church institutions. How to employ the Bible as a textbook for practical, modern living.
- **PRINCIPLES OF SELF-SUPPORTING WORK:** The role of laymen in gospel work. How to establish your own self-supporting ministry while serving to build up and support the organized work of the worldwide church.
- **HEALTH EVANGELISM:** A survey of the book Evangelism by Ellen G. White.
- **ADVENTIST HISTORY:** A course examining historical developments of the Three Angels Message and the Seventh-day Adventist Church. Students will learn how the Advent movement began in great disappointment but will end in glorious triumph.

### HEALTH CLASSES

- **COUNSELS ON DIET AND FOODS:** A study of the book Counsels on Diet and Foods by Ellen G. White.
- **HERBS AND NATURAL LIVING:** A basic study of herbs, their preparations, and role in enhancing health and treating various symptoms, conditions, and diseases. Classes are a combination of theory and hands-on demonstrations, where students will learn to safely identify, harvest, prepare, and preserve wild edibles and medicinals. Students will also learn simple kitchen remedies and soap making.
- **LIFESTYLE DISEASE & PREVENTION/TREATMENT:** A study of the most common lifestyle diseases today, including obesity, diabetes, heart and artery disease, arthritis, cancer, etc. Discusses causes, prevention and reversal using lifestyle medicine.
- **NUTRITION:** Explores inspired counsel as well as current science in the area of nutrition. Includes the study of nutrients and their utilization in the body; diet and disease; benefits of a whole food plant-based diet; the examination and interpretation of scientific research; and a critical understanding of controversial topics such as GMO's, the raw foods diet, acid/alkaline diet, supplementation, etc.



- **HYGIENE IN THE KITCHEN:** A class focusing on the systems and practices necessary to run a hygienic kitchen in accordance with scientific evidence and inspired counsel.

### PRACTICAL CLASSES

- **CULINARY ARTS:** Instruction in one of the “most useful branches of education.” This class seeks to give a working knowledge of healthful cookery, and the skills required to accomplish this successfully. Topics covered include: proper and improper methods of cooking, menu planning, cooking terminology, and the safe use of kitchen utensils. Students will also learn to conduct cooking classes through observation and participation. Experience will be gained working in the Lifestyle Kitchen using oil-free, whole food, plant-based recipes.
- **FOOD PRESERVATION:** In-class theory and hands-on practice for safe and hygienic food preservation. Includes instruction on freezing, canning, dehydrating, etc.
- **AGRICULTURE/GARDENING:** Learn gardening basics. Includes information on site selection, soil preparation, choosing seeds, when and how to plant, watering methods, natural pest control, maintaining the garden, harvesting, season extenders, etc. In-class theory and hands-on experience.
- **CANVASSING TRAINING:** Training in home and business canvassing via in-class theory and practice. Includes a review of Colporteur Ministry by Ellen G. White. Students learn to present and sell books, relate to different personalities, meet difficult situations, etc. Requirements include time spent in the field selling books in various communities.
- **BOOKKEEPING:** How to keep an account of family finances, personal budgets, and tithes and offerings. Practical instruction in the principles of simple bookkeeping. Hands-on practice with personal finances.

### WORSHIP SERVICES

All devotion and worship services are considered to be part of the curriculum and an integral part of our training. Students are required to attend and take part, as asked, in morning devotions, Tuesday night prayer meeting, Friday night vespers, and Sabbath church services. These meetings round out and enhance the spiritual component of this Bible-based missionary training; students receive needed experience and encouragement. As we come together as a group, we learn spiritual tact, cooperation, tolerance, and faithfulness. As we share spiritually, we grow spiritually. Sabbath services in the

local churches strengthen our understanding and support of the organized church. We consider this a vital component of our program.

# COST

## APPLICATION FEE

A non-refundable \$25 application fee is to be submitted by applicants before the application will be processed. The application fee for foreign applicants includes an additional \$60 to cover visa-processing.

## PROGRAM DEPOSIT

A refundable \$360 program deposit is due within two weeks after acceptance (doesn't apply to foreign applicants). This deposit will be refunded at the completion of the program if the apprentice has volunteered all required hours, has no outstanding debts, and their room is left clean and undamaged. Missing hours will be deducted at \$6 per hour.

## ENTRANCE FEE

\$400 covers class syllabi and other miscellaneous program expenses. Due upon arrival.

## TUITION

### CASH PLAN

\$3,600 covers the cost of tuition per session and is due upon arrival. BCHEC operates with all volunteers, all apprentices volunteer 16 hours per week to cover the cost of room and board.

### VOLUNTEER PLAN

Apprentices volunteer a total of 600 hours to cover the cost of tuition per session, and 16 hours per week to cover for the cost of room and board. Apprentices will arrive six months ahead of the desired session (either April or September) to volunteer towards their tuition. They will be allowed to start their session if a minimum of 500 volunteer hours have been completed.

## ADDITIONAL FEES/EXPENSES

While at Butler Creek, miscellaneous expenses may arise. Extra charges may apply for student camp-outs. If you are not prepared with appropriate clothing/shoes for work, or outreach, you may need to acquire these while at Butler Creek.

## **ROOM AND BOARD**

16 hours of volunteer service per week cover the expenses for your meals and room. Apprentices who are away from campus for 5 or more days will not be charged for meals if a leave-of-absence form has been filled out and approved.

## **REFUND POLICY**

### CASH PLAN<sup>9</sup>

If for any reason a student withdraws from the program, up to 50% of tuition may be returned within 30 days. No refunds are given after 30 days.

### VOLUNTEER PLAN REFUND POLICY

In the event that an apprentice must leave the program early, accrued volunteered hours may be applied toward a future session within three years. No cash refunds will be given for volunteered hours.

## **DISCOUNTS**

Students will receive a 10% discount on products sold by the institution.

## **VOLUNTEER COMMITMENT**

At Butler Creek our plan is that students can volunteer towards tuition, and room and board, making it an affordable program for all who desire to learn more about health evangelism. In doing so they are preparing themselves for the service ahead in the Lord's vineyard, at home or abroad. The volunteer plan provides much needed support for the institution's kitchen, farm, lifestyle program, and other departments. In exchange the students receive valuable classes and practical training that will make them useful laborers for God.

*"The school at Madison not only educates in a knowledge of the Scriptures, but it gives a practical training that fits the student to go forth as a self-supporting missionary to the field to which he is called. . .They have been learning to become self-supporting, and a training more important than this they could not receive. Thus they have obtained a valuable education for usefulness in missionary fields. To this is added the knowledge of how to treat the sick and to care for the injured. This training for medical missionary work is one of the grandest objects for which any school can be established."* E. G. White, Pamphlets, 119

### **ASSIGNMENTS**

Apprentices will be volunteering in areas assigned according to the needs of the institution.

### **EVALUATION OF SERVICE**

Students are expected to perform all their duties with diligence, as unto the Lord. In addition to the volunteered service, it is expected that the attitude of the student will be positive, supportive, and affirmative. If the student's performance is substandard, the Education Director or respective supervisor will make every effort to help the student to improve his/her performance. If after receiving counsel, there is no improvement in performance and/or attitude, the student may be asked to leave the program with no reimbursement for volunteered hours other than as described in the Volunteer Plan Refund Policy or Cash Plan Refund Policy.

### **TIME SHEETS**

Students are expected to fill out their time sheets daily and submit them to the Education Director at the end of each week. All listed volunteered hours must be initialed by the respective supervisor. Volunteered time not noted on a time sheet will not be counted, as well as late submissions of time sheets. Students time sheets should accurately reflect the hours of actual service.

# STUDENT GUIDELINES

## ATTENDANCE & PARTICIPATION POLICY

All students are expected to be punctual. If a student is late for class or misses any part of the class, he/she is counted as tardy. If you are late three times without an excuse it would be counted as one unexcused absence. If 10% or more of class hours are missed as unexcused absences the student will not be able to pass that class. Teachers may request “make-up” assignments for unexcused absences. A student will not be able to receive his/her certificate until these as well as other class assignments (homework, tests, etc.) have been satisfactorily completed.

## CLASSROOM POLICIES

- Students are expected to be present, on-time, and dressed appropriately for all classes and outreach activities.
- The use of electronic devices is not allowed in the classroom unless requested by the instructor for special purposes. Such devices must not be visible to anyone—may be kept in a pack.
- Eating and drinking (other than water) are not allowed in the classroom.
- The classroom must be kept neat and clean.

## LEAVE OF ABSENCE

In case of emergency students may request a leave of absence. Please complete the application for leave of absence and submit it to the Education Director.

All student leaves must be approved by the Operating Committee.

## DRESS CODE

BCHEC requests students for their cooperation in helping to maintain a modest environment both in and outside of the classroom. Dress guidelines help maintain a “minimum distraction” environment as we study principles of Christian living.

- Men are expected to wear long pants.
- Women are expected to wear modest dresses or skirts (falling well below the knee when standing or seated) at all times.
- Slits in dresses/skirts will be acceptable only if the slit is also well below the knee when the wearer is standing or seated and if the dress/skirt is loose fitting.
- We ask both men and women to refrain from wearing tank tops, cap sleeves, sleeveless shirts, tight fitting, low cut, or see-through clothing.
- The wearing of a wedding ring or any other type of jewelry is not acceptable. This does not include tie tacks or broaches.

- Women may wear culottes/split skirts if they are feminine in appearance and loose fitting.
- Generally speaking, make-up is not to be worn aside from any deemed necessary for corrective measures.

### CLOTHES FOR GARDENING/OUTDOOR WORK

- Students should be prepared for all kinds of weather, as well as to get dirty.
- Durable clothing of material not easily torn (such as denim).
- Light-weight, long sleeved shirts to protect from sun and insects in the summer.
- Sweat shirts, work jacket/coat, warm hat, etc., for work in cold weather.
- Women will need leggings for cold weather.
- Hat for sun protection is advisable.
- Rubber boots for inclement weather (at least mid-calf high is best).
- Rain suit or poncho with hood or hat.
- Durable work shoes or boots.
- Work gloves.

### CLOTHES FOR HEALTH EXPO, OUTREACH ACTIVITIES, AND CANVASSING

- Appearance is central to the first impression that is made upon approaching someone to canvass. Clothes should be well-fitting (not baggy & not clingy), neat, ironed and clean. Shirts with potentially offensive words, logos, pictures, etc., and sweatshirts should be avoided.
- Shoes should be comfortable for walking all day. Conservative athletic or walking shoes, loafers, boots (not work boots), and nice flat shoes are acceptable. Shoes should coordinate/match the attire, be closed and not open-toed.
- Women's skirts should be solid, plain black or khaki (beige, tan, etc.) – no patterns/designs. Length should fall well below the knee when standing or sitting. Denim, sheer, or tight-fitting skirts are not suitable for canvassing. Tights and similar stretchy leggings may be worn under dresses for warmth during winter months. They should complement the attire.
- Men's pants should be solid, plain, black or khaki (beige, tan) – no patterns. Inappropriate pants include denim jeans, sweatpants, and exercise pants.
- Shirts for men and women should be blue (dark blue to light blue) – not teal or turquoise. The shirt should be solid – without prints or patterns. They can be either button-down or golf type (polo) shirts. Tight tops, low-cut necklines, and sweatshirts are to be avoided.
- Winter wear (sweaters/jackets/hats/scarves): Black, beige, or blue. No sweatshirts please.
- Sunglasses may be worn in the vehicle but not during actual canvassing.

## INTERACTION WITH LIFESTYLE GUESTS

- Lifestyle Guests are not to be taken off the grounds of the BC campus without prior permission from the Lifestyle Director.
- DVDs, books, tracts, or any other media may only be shared with Lifestyle Guests with prior permission from the Lifestyle Director.
- Health practices of guests are not to be criticized.
- Students eat their meals with guests each day, as well as interact with them in various situations such as worships. BCHEC anticipates that this will be a positive influence on our guests. However, Students are encouraged not to enter into theological discussions or doctrinal issues with guests, or with others in their presence. Instead, they are encouraged to always be mindful of their conversation that no one be turned away from the gospel message because of careless words.
- *“The sanitarium parlor, where are gathered a promiscuous crowd of patients (diverse backgrounds), is not the place to talk upon doctrinal subjects. Let our consistent lives win confidence and awaken a desire to know why we believe as we do. Then invite those who inquire to attend the Sabbath meetings.” - Ev. p. 539 -*

## RELATIONSHIPS

Education is an essential step to prepare for a life of mission service. Therefore, the conscientious student will refrain from courtships or special friendships during the course. Social events and group interaction are appropriate parts of Christian fellowship, but relationships which result in individual attachments to the exclusion of others are discouraged. Before a special friendship is initiated, guidance and approval must be given by the Butler Creek Executive Committee. Males are not allowed to visit in the rooms of females and females are not allowed to visit in the rooms of males. No men are allowed on the 2nd floor of the education building except for 10 minutes before and after classes and other school functions. This area is designated as housing for female students.

## MUSIC

All students and staff are asked to observe the following music guidelines based on principles found in the Bible and SOP:

- Our music should reflect the character of our institution as a Bible-based Christian organization with the purpose of preparing men and women for this life and the life to come. We desire that all students, staff, lifestyle guests, and visitors will be blessed by their stay at Butler Creek.

*“Something better’ is the watchword of education, the law of all true living.*

ED p. 296

It is the desire of the administration that the music will be of such a character that it will direct minds toward heavenly themes and divine contemplations.



- Music of a worldly character is not be sung or played in any part of our institution.
- Living in a dorm setting develops patience, adaptability, and long-lasting friendships. Out of respect for those living in the dorm, individuals are required to wear headphones when listening to music, sermons, etc.
- No electric guitars, amplifiers, or drum sets are allowed.
- When practicing instrumental music, please keep in mind that there are other residents in the building.

Practice of music should be done between the hours of 6:30 AM-9:00 PM. Sound levels should be kept sufficiently low so that your fellow residents may still enjoy an atmosphere of peace and quiet.

- If additional clarification on issues regarding music ministry is needed, counsel with the Education Director or President is available. We appreciate a willing spirit; we know the Lord will richly bless His people as they seek to draw closer to the heavenly choir through music and song.

*“We need to study, to meditate, and to pray. Then we shall have spiritual eyesight to discern the inner courts of the celestial temple. We shall catch the themes of song and thanksgiving of the heavenly choir round about the throne. When Zion shall arise and shine, her light will be most penetrating, and precious songs of praise and thanksgiving will be heard in the assembly of the saints.”* TMK p. 273

## **MOVIES, MUSIC CD’S, VIDEOS, DVD’S**

Personal music, movies, DVD’s, etc. are not to be played in the health center or in a public setting. Headsets or earphones should be used when not in the privacy of the personal room.

## **LAPTOPS/IPADS/SMART PHONES/POST-PC DEVICES**

Wireless internet access is not available to students. No devices for playing videos, music, sermons, etc., are allowed in the workplace.

## **TELEVISIONS & CABLE**

Students may not have televisions and/or commercial cable networks.

## **RECREATION**

Participants are encouraged to enjoy the beauty of walking through nature. Care should be taken while walking along Last Butler Road. Butler Creek runs through the property. In the summer some may desire to swim. Please note that there is no co-ed swimming at Butler Creek. Please talk with the Education Director for more information regarding swimming guidelines.

## **WORSHIP SERVICES**

Every morning, Monday through Friday, students and staff join together in the classroom at 8:10 for a 10-minute worship to start our day together in fellowship with the Lord. Tuesday night prayer meeting and Friday night vespers are at 6:30 PM during winter months and 7:00 PM during summer months. Evening meetings are held in the health center parlor or convention center. On Sabbath mornings, students without transportation may ride to church in the lifestyle vehicle, departing at 8:30 AM. Most Sabbaths the vehicle goes to the Waynesboro SDA Church but occasionally may go to other area churches.

Attendance at all worship services is required for students, except in the case of sickness or off-campus leave. It is our goal to keep Jesus at the center of our program. Hebrews 10:25, *“Not forsaking the assembling of ourselves together. . .”*

## **SABBATH MINISTRY**

Because of the necessity of serving meals, as well as ministering to lifestyle guests, all staff and students are required to take part in Sabbath Ministry duties.

The distribution of these essential Sabbath duties allows everyone to have equal time to “rest” during the hours of the Sabbath. A monthly schedule is prepared designating dates for Sabbath Ministry and is emailed/given to each student and staff member. Two people are assigned for each Sabbath and may divide the duties. Sabbath Ministry may require part of Friday afternoon and all-day Sabbath. In most cases Sabbath Ministry is one weekend or less per month. Jesus Himself lived among men “as he that serveth,” and indicated it was lawful to do good on the Sabbath.

# HOUSING & MEALS

## ROOMS

- All participants should expect to have a roommate.
- Female students will be housed in Faith Hall / Education Building.
- Male students are housed at Sunshine.
- All rooms should be kept clean and orderly. Roommates share equal responsibility for the care and condition of their rooms and furnishings.
- Attendance is required at dormitory meetings as scheduled by the dean.
- No visitors of the opposite sex are allowed in dormitory rooms.
- Students must be in the dormitory by 9:00 PM.
- "Quiet time" begins at 9:00 PM. Students are expected to lower voices, etc. in order to allow others time for rest and personal study. "Lights out" at 9:30 PM.
- Students are asked to refrain from noisy activities also until after 6:00 AM.
- Students are to notify their dean when going off campus.
- Overnight/weekend leaves must be approved by the dean (absence of leave application must be completed).
- Televisions are not allowed in the dormitory rooms.
- A plant-based diet is to be observed in the dormitory kitchen.
- No pets are allowed.
- Students will be given a key to lock their room for a \$5 deposit. This deposit will be given back to the student once the key is returned at the end of the course.
- After the completion of the course students have three days to vacate housing. If they are unable to move their belongings within three days, belongings may be neatly packaged and stored in the basement of Sunshine for a period of up to three months. A fee of \$100 per month will be charged. At the end of three months all items left in storage will be donated to a needy cause.

## MEALS

We serve an excellent whole-foods, plant-based diet (no animal products). Two meals (breakfast & lunch) are provided each day; if a student desires to have supper, they must purchase and prepare their own food in a designated location. No food may be taken out of the Miracle Manor dining room to be eaten at a later time. We want to live in accordance with the health message that we share with our guests; therefore, no animal products are permitted at Butler Creek.

## LAUNDRY

Laundry facilities are available for students to use at no charge. Students are to provide their own laundry detergent, fabric softener, dryer sheets, etc., as needed. Washers and dryers are not to be used during Sabbath hours (sundown

Friday until sundown Saturday).

## **ECONOMY**

All members of Butler Creek are requested to be mindful of expenses incurred from using electricity. All lights, heaters, fans, air conditioners, appliances, etc., are to be turned off when not in use.

## MISCELLANEOUS

### MAIL

Participants may receive mail and packages at the following address:

Butler Creek Health Education Center

Student's Name

9596 Last Butler Road

Iron City, TN 38463

### COMPOST

Food waste is to be disposed of separately from garbage to avoid attracting flies and wild animals. Lined compost bins are located in the Miracle Manor dining room and Faith Hall student kitchen. All bags filled with compost are to be disposed of in a specified container adjacent to the dumpster.

### GARBAGE

All garbage, except for compost, should be thrown in the dumpster next to the Education Building. Local garbage collection services empty the dumpster every other Tuesday.

### PETS

Students are not allowed to bring pets.